Book Review

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Urodynamics Made Easy. 3rd ed.

By Christopher R. Chapple, Scott A. MacDiarmid, Anand Patel. 232 pp. New York, Churchill Livingstone; 2009. \$37.46.
ISBN: 978-0-443-06886-7.

Urodynamics is an exam that brings out the “physiologist” in the person trying to solve and help a patient with lower urinary tract problems. It involves pressures, contractions, relaxations, electromyolograms, and more that can often be confusing and difficult to understand. A worrisome trend worldwide is the decreasing amount of time spent by residents learning to perform and interpret the exam during their

training. As the title suggests *Urodynamics Made Easy* is a concise and simply laid out textbook that would be especially help-

ful to not only residents in training but anyone who is getting familiar with the examination. The book covers all the necessary subject areas from clinical evaluation to pediatric urodynamics and each chapter is short enough for a quick review but long enough to cover the essentials. Another great addition is the appendix which contains normal urodynamic values for those of us weak with numbers and example traces that nicely summarizes the book. It is now available in electronic format and can be a more easily accessible friend to anyone interested in urodynamics.

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